



Mailing address: CRTA, Suite 337, 305—4625 Varsity Drive, Calgary NW, T3A-0Z9

E-mail: crta2009@calgaryretiredteachers.ca

Upcoming Events

CRTA Beef Barbeque

*Varsity Community Hall
4303 Varsity Drive NW*

*Thursday, June 11, 2009
Doors Open 11:15 AM*

Cost: \$21.00 incl. gratuities

Dress Western

*You are requested to bring a
Food Bank Item*

*Confirm your attendance between
May 28 and June 3
Contact list on page 2
Or
confirmluncheon@gmail.com*

CBE—REA

*“To H... with the Bell”
Breakfast*

*The Calgary Winter Club
4611—14th Street NW*

Friday, August 14, 2009

Cost: \$22.00 incl. gratuities

*To confirm your attendance make a cheque pay-
able to CBE Retired Employees’ Association
and mail to*

*CBE REA c/o Timothy Buehner
#19, 7900 Silver Springs Road NW
Calgary T3B 4J5*

*A Registration form can be printed from the
CRTA website*

MEMBERSHIP

With the end of another school year comes also the end of our membership year. Is your membership up for renewal? Check the mailing label if you receive the newsletter via

Canada Post. Other members will be notified via e-mail. One year membership, \$15.00, payable to CRTA. Send a cheque to Garry Jeffrey, 4412 Brentwood Green NW, Calgary, T2L 1L4.

PRESIDENT'S MESSAGE

Gordon Cumming

Over my Career, I had a chance to be part of some great staffs ... you know the type, where people just seemed to share the same convictions and created something together that was way beyond what each could do individually. Working together was energizing and contagious to parents and students. We just believed in each other, and there were a lot of laughs and a tremendous sense of accomplishment.

Well, somehow I have been thrust into it again, and I marvel at your executive's enthusiasm; particularly as demonstrated by everything they touch. This past 'term' has seen the completion of "New Dimensions in retirement", "The Art Show", and the "Steppin' Out Symposium", as well as the ongoing Committee work on Benefits, Pension, Membership, Communication, Technology and Travel etc. It is no wonder that at the Symposium Banquet "Her Majesty" saw fit to declare us "The Royal Calgary Retired Teachers' Association".

The commitment extends further to our Partners. We had outstanding sessions fostered by "New Dimensions in Retirement" throughout the past year, and at the "Steppin' Out", because of the support of our Funders ... "The New Horizon's Program" of the Government of Canada, The Alberta Retired Teachers' Association, Johnson Inc. and Collette Vacations. We had numerous presenters who came with little more than a 'Thank You', often spending hours preparing new materials and traveling at their own cost. And then there were the hosts, volunteers and of course the staff at Dalton's Conference Center. Most important were the exceptional participants. As a group you supported all the events, applauded our best efforts and enthusiastically encouraged us to do more of the same.

Special mention has to be made of the Art Show at the end of March. Coming out of the vision of Irene Bruzza and Ralph Levinson, it gathered momentum, and with so many committed volunteers its success outstripped everybody's wildest anticipation. With over fifty artists presenting and an audience well in excess of the 450 who signed the Guest Box, it created its own instant legacy and promises to be a fixture on the calendar for years to come.

In 2008-2009 we have had excursions to Olds and Rosebud, as well as a Travel Day and short fall and winter courses. Between the Luncheons there were harmonicas accompanying the ukuleles where there was a music drought before. Numerous gardens will be healthier and planted with a renewed vision, as well, some members are celebrating their Scrapbooks and Original Card creations. We achieved new insights into Aging and Finances. Nor must I forget to mention the ladies whose cars are clean and shiny and ready for the road. Others still learned to appreciate wine in new ways. It has truly been an amazing year in terms of activities. (And the Barbecue is yet to come.)

At the next meeting, May 15, the CRTA Executive is moving on to planning for the next year. We do not have the luxury of being able to use the same grants, but we will be working on those programs that found enthusiastic support. If you have any thoughts, give me a call or an e-mail. If you want to be part of the action, Past-President Chuck Rose is recruiting new members for the Executive and other committees. No experience is needed, just a few hours a month and the desire to be part of a group.



The Barbecue Luncheon—A Few Reminders

If you have any dietary restrictions advise your phone contact or add that information to your e-mail registration. Do the same thing if you bring a guest. At the luncheon let your server know that you ordered a different meal.

Please note that if you must cancel your registration it MUST be done on June 3 at the latest. Otherwise you will be charged for the meal.

<i>Surnames starting with</i>	<i>Contact</i>	<i>Telephone</i>			
			E, F and G	Tanis Lefroy	403-251-6214
A and B	Bernice Gaetz	403-252-5781	H, I and J	Julie Biggs	403-249-1999
C and D	Earl Larden	403-281-5722	K and L	Mimi Hogaboam	403-288-2792

Surname starting with	Contact	Telephone
M,N and O	Gloria Rasmussen	403-271-3579
P,Q and R	Marion Kinney	403-271-1344
S	Marg Brucker	403-241-0244
T, U and V	Dave Thompson	403-249-9086
W, X,Y and Z	Kay Samphire	403-242-0189

Attention

For various reasons your CRTA Communications Committee had to create new e-mail addresses.

For all general inquiries or comments please use crt2009@calgaryretiredteachers.ca. This mailbox is regularly monitored by two committee members. For matters pertaining to the newsletter you may use crt-newsletter@calgaryretiredteachers.ca

“Steppin’ Out 2009”

When it comes to “Steppin’ Out” nobody does it as well as the CRTA and its guests. Monday and Tuesday, April 20 and 21, were no exception. As the concluding event of the year-long “New Dimensions in Retirement Program, there was every reason to celebrate, which was the purpose of the Kick-Off Banquet. More than a banquet, it was a gala and a Royal Gala at that. We were honoured with the presence of “Her Majesty”, Donna Sanders of Regina, who regaled us with her “royal” humour. It was also an opportunity to recognize Perry Dorgan and Shelly Malanchuk of Johnson Inc. for their services to Calgary teachers in the resolution and distribution of the Long Term Disability Funds. Reaching delicately into her royal cleavage, “Her Majesty” produced the requisite sword and Knighted the two for their service. She also saw fit to proclaim that henceforth this organization would be known as the “Royal” Calgary Retired Teachers’ Association.

After breakfast on Tuesday morning, where we had the opportunity of sing Happy Birthday to “Her Majesty” the sessions were on. Twenty-three presenters covered a multitude of topics ranging from Roses, Arbour Care and Kitchen Gardens to Cell Phones, Heart Health and Volunteering. For the physical fit there was golf and yoga and salsa dancing and for those who enjoy sensible food: Eat healthy and Eat Eggs. To learn to avoid stress, sessions in Personal Wellness and Financial Planning were offered. There were highlights for future travelers with Alberta Day Trips, Cruise Sessions and Bus Tours as well as learning about volunteering in Africa. To keep a record of all this you could take a session in learning how to do this better, be a Cowboy Poet or learn to take pictures like George Brybycin. The presenters were enthusiastic made that much more successful by their appreciative audience.

Did we mention food and service? Dalton’s did an outstanding job as did our funders and sponsors. We

are most appreciative of the generosity of the Government of Canada “New Horizons Program”, ARTA, Johnson Inc. and Collette Vacations. CRTA covered 60% of the costs of the event.

There was a plethora of amazing Door Prizes. The winners and donors are listed below. We are so grateful for their enthusiasm and generosity and recommend them to you as great places to patronize.

The final highlight, the raffle of a “Return Rail Trip for Two” from Edmonton to Vancouver donated by VIA Rail. This wonderful trip through the Canadian Rockies was won by Colleen Grover. Thank you VIA Rail for your generosity.

<i>Prizes</i>	<i>Donors</i>	<i>Winners</i>
		I
I-Pod	West World	Peggy Schieman
Coupon	Alberta Prairie Railway	Marie Gay
Wine Tasting For Twelve	100 Wines	Linda Nielsen
Canvas	Marcia Rothfield Photo	Donna Waraska
Thermos, Scarf and Mitts	Travel Alberta	Linda Repp Laurie Jensen
Gardening Gift	Golden Acre	Marg Espeveidt
Gift Basket	The Bee Hive	Cheryl Young
Cell Phone	Telus—Wireless City	Tom Colbens
Baked Goods	Glamorgan Bakery	Meredith Miller
Plate and Bowl	Calgary Co-op	Wendy Pitcher

And More Prizes

Massage	Heartworks Massage and Body Spa	Carol Lacey Rosemary Kennedy
Car Kit	Calgary Honda	Evelda Love
First Aid Kit	Calgary Honda	Lorna Solaczek
Executive Memo Case	Johnson Inc.	Mary Jane Coxon Judy Little
Emergency Kit	Johnson Inc.	Greg Chitrenky
Wash My Back Towels	Paul Demers	Bev Cumming Garry Jeffrey Marilyn Klein Her Majesty Eva Heck Pat Miller
Cook Book	Julie Van Rosendaal	Maureen Dunne Joe Palis
Gift Basket	Egg Producers	Jovanka Mrdja
Ice Cream Vouchers	My Favorite Ice Cream Shoppe	Marianne Medhurst's Table Helen Borm's Table
Oil Change	Calgary Honda	Donna Czechkowsky

*Let's Take a Moment
to Remember those Colleagues who
passed away recently*

<i>Margaret Alison Vaness</i>	<i>March 19</i>
<i>Linda-Ann Billings</i>	<i>March 20</i>
<i>Leonard Walter Harper</i>	<i>April 2</i>
<i>Bob Sheppard</i>	<i>April 4</i>
<i>Walter Ronald Ross</i>	<i>April 14</i>
<i>Helen McMechan</i>	<i>April 19</i>
<i>Jean Marjorie Hutchinson</i>	<i>April 21</i>
<i>Genevieve Carlota Balogun</i>	<i>April 24</i>
<i>Fran Cecilia Cardle</i>	<i>April 25</i>
<i>Melanie Walsh</i>	<i>May 2</i>
<i>Muriel Luck</i>	<i>May 6</i>
<i>Kim Osgood</i>	<i>May 6</i>

CRTA members will be saddened to hear of the passing of Dr. Jean Hutchinson on April 21. Over the past few years Jean has made a major contribution to the CRTA, serving as an Executive Member and as Vice-President. Our condolences go out to her husband Nick Gass and to her family.

A Thank-You to Susan Chivers who has kindly offered to help keep track of the obituaries.



REVISED PHARMACEUTICAL PLAN FOR SENIORS

In Case there could be any doubt, Ron Liepert did not ask for our advice when revising his contentious Pharmaceutical Plan. If he had we would have confided:

- When asked by Ralph Klein, we gave up our 5% on the promise that when times got better, the Alberta government would remember us. This is not the memory we had hoped for.
- As pensioners, we are much more vulnerable because of a Pension plan that give increases that are less than the increase in the cost of living.
- Seniors living off investments are particularly staggered by the current economy.
- Removal of our Benefit is a breach of trust. It breaks the promise that was made to us by past governments.

Since he did not ask, but could use input, we suggest you give his office, or that of the Premier, or your local MLA a call. All of them log their calls and e-mails, using them to gauge public support or lack thereof.

Toll Free Number for Government Offices—Dial 310-0000 and ask for:

Premier Stelmach—780-427-2251
Fortsaskatchewan.vegreville@assembly.ab.ca

Ron Liepert—780-427-3665
Calgary.west@assembly.ab.ca

Your MLA's numbers and e-mails can be found in the phone book or at
http://alberta.ca/home/mla_contacts.cfm

Make your call, and encourage the Government to "do it over till they get it right."

**TELUS CELLULAR PHONE WORKSHOP
AT WIRELESS CITY**

Bill Gove, who presented the TELUS cell phone session at the "Steppin' Out Conference", is presenting a beginners introduction to and familiarity with cell phone basics. This will be a "hands on" session.

Those who are interested in attending this free session on MAY 25 can e-mail Bill Gove at bill@wirelesscityinc.com or phone him at 403-441-1844 in order to reserve a spot. As this is a "hands-on" session, there are a very limited number of spaces. So book right away to avoid disappointment.

The workshop will be for one hour starting on May 25 at 6:00 PM at Wireless City Inc. (in mall across from Chinook Center on the East side of McLeod Trail. It is also directly across from CIBC on 61 Avenue SW).

Let Bill also know the name and the make of your cell phone. If you have to cancel your booking let Bill know, so someone else can take your spot.

**WORLD SKILLS 2009
VOLUNTEERS NEEDED**

WorldSkills 2009 is coming to Calgary September 1-7 and the Calgary Board of Education is very involved with providing opportunities for students to attend the events at the Stampede Grounds. Schools are coordinating trips on September 2-4 for grade 9 and 10 students. We are looking for individuals to assist either at the school while some students are at the event or at the Stampede Grounds to assist CBE groups as they walk from competition to competition. Please see the links on the CBE website for more information. Interested individuals who want to volunteer can contact Marsha Levy, System Principal Corporate Partnerships, WorldSkills 2009 Coordinator, CBE 403-294-8107.

Go to the CRTA website to find requests of many organizations who are interested in the help and expertise retired teachers can provide. There is something for everyone.

**COLLETTTE VACATIONS
A CRTA PARTNER**

When you book a holiday with Collette YOU and CRTA benefit. Visit their website and follow the link to their exciting catalogue.

**CLUB 100 WINE CLUB
CALGARY RETIRED TEACHER'S ASSOCIATION
CHAPTER**

We are pleased to announce a fun and exclusive opportunity for our members in partnership with Calgary Wine Merchants 100 Wines by David Walker.

CRTA has opened up their own chapter of the Club 100 Wine Club. Four times per year you will receive a selection of 5 wines, picked for you by David Walker based upon your personal tastes and budget.

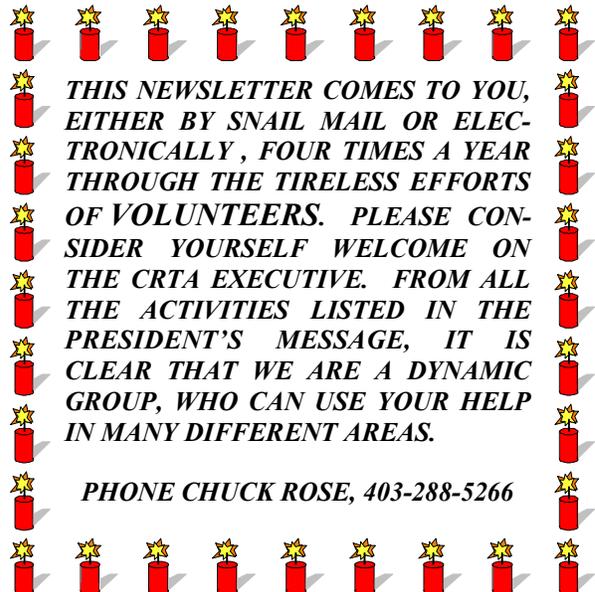
A questionnaire about your wine tastes and registration for the Club are available on the CRTA website: www.calgaryretiredteachers.ca.

You may also contact Ralph Levinson 403-948-3691, Chuck Rose 403-288-5266 or 100 Wines by David Walker 403-452-8820 for further information.

ARTA JOHNSON INC. SCHOLARSHIPS

ARTA-Johnson Inc. scholarships are available to undergraduate students who are enrolled in a post secondary institution and have successfully completed the first second, or third year of the undergraduate or transfer program. The student has to be related to a member of ARTA. Sons, daughters, grandchildren, nieces and nephews all qualify.

For detailed information visit the ARTA website at www.albertarta.org and click on scholarships.



***THIS NEWSLETTER COMES TO YOU,
EITHER BY SNAIL MAIL OR ELEC-
TRONICALLY , FOUR TIMES A YEAR
THROUGH THE TIRELESS EFFORTS
OF VOLUNTEERS. PLEASE CON-
SIDER YOURSELF WELCOME ON
THE CRTA EXECUTIVE. FROM ALL
THE ACTIVITIES LISTED IN THE
PRESIDENT'S MESSAGE, IT IS
CLEAR THAT WE ARE A DYNAMIC
GROUP, WHO CAN USE YOUR HELP
IN MANY DIFFERENT AREAS.***

PHONE CHUCK ROSE, 403-288-5266